

First Unitarian Church

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Bruce Martin, *Pianist*

Our Mission Statement:

We are a welcoming, inclusive community. Celebrating life, we strive to transform ourselves and our larger community. Together we support one another, encourage religious inquiry, nurture spiritual and intellectual growth and work for social justice.

July 12, 2009



ORDER OF SERVICE

Sunday, July 12, 2009, 10:00 a.m.



“After climbing a great hill, one only finds that there are many more hills to climb.” –Nelson Mandela

Intoning the Chime

Call to Gather Reading #434

***Chalice Lighting** Leader: Life is a gift for which we are grateful.
People: We gather in community to celebrate the glories and the mysteries of this great gift.

Joan McAlister

Leader: So let us kindle now the flame of our liberal religious heritage.

People: In its glow, may our reason and our passion lead us to be true to ourselves, true to each other, and true to what we can together become.

***Hymn #179** *Words That We Hold Tight*

Welcome

Doxology From all that dwell below the skies
(*tune: Old Hundreth #371*) let songs of hope and faith arise;
let peace, good will on earth be sung
through every land, by every tongue.

Sharing a Story *Ashraf of Africa*
by Ingrid Mennen & Niki Daly

Ellery McAlister

Singing the Children Out *Children’s Benediction* by B. Bradfield
“Go in joy. Go in peace to meet the day. With open hearts embrace life’s wonder. We will guide you. We will love you on your way.”
(*words by Barbara Pescan*)

Sharing Our Abundance *What a Wonderful World* by Weiss and Thiele **Danielle Steele**

Joys & Concerns

Meditation Silence Responsive Reading #593
Sung Response #148 *Let Freedom Span Both East and West*

Special Music *Zueignung* by R. Strauss **Danielle Steele**

Readings Nelson Mandela on *The Road to Freedom* **Jane Bell**
Desmond Tutu on *Integrity, Pacifism, and Forgiveness* **Jon McAlister**

Sermon “Learning From South Africa” **Joan McAlister**

***Hymn #153** *Oh, I Woke Up This Morning*

***Closing Words** from Desmond Tutu **Joan McAlister**

***Extinguishing the Flame** Leader: I extinguish the symbolic flame of this gathering. May we carry its light into the world.
People: Let us go from this place, open to life, expecting to love, and prepared to serve.

***Closing in Song** *Hymn of Valor* (inside back cover of Hymnal)

***Please stand as you are able.**

A Warm Welcome to all guests today. We’re glad you’re here!

Thank You To All Service Participants And Today’s Hospitality Team:

Danielle Steele, soprano, hails from Indianapolis, Indiana, where she makes her living as a singer and teacher. She recently finished her master’s degree in vocal performance and intends to make a full-time career singing opera.

Hospitality Team: Roland Riley, Carol Hibbs, Evelyn Glazebrook, Pat Larson, Andy Popson, Sue Replinger, Linda Lemons, Karen Kienker, Marilyn Lanz.

Next Week’s Service:

“My Spiritual Journey” with Ned Miller

Sunday, July 19, 10:00 a.m., Auditorium

Join **Ned Miller** as he describes his transition from Fundamentalism to Liberalism.

FIRST UU HAPPENINGS JULY 12 TO 19:

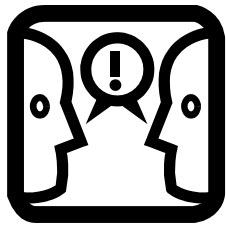
SUNDAY, JULY 12:
Multi-Age Child Care
 8:45 a.m. Toddler Room

Tai Chi

9:00 a.m. on the Patio
 Join us for 45 minutes of FREE relaxed, simple exercise. No special shoes, clothes, mats, etc. are required. Tai Chi focuses on gathering energy, or “chi” from simple breathing and movement exercises. It opens all the meridians of the body allowing blood and oxygen to flow more freely through the body. Led by member **Sherry Levine**.



Multi-Age Child RE
UU Movers & Shakers:
Henry David Thoreau
 10:00 a.m., Lower Level
 K-1 and 2-8, will stay in the Large Activity Room all morning.



UUs Face 2 Face
 11:30 a.m.,
 Channing Hall
 A social has been planned for young adult UUs aged 17-25 years old! Make new

friends and renew old friendships during a lunch of pizza and salad. Plans for future social activities/gatherings this summer will be discussed and how you can get involved!

Human Rights Action Group meeting
 11:30 a.m., Conference Room

MONDAY, JULY 13:
AMOS Mental Health and Addiction Issue Team Meeting
 5:00 p.m., Conference Room

TUESDAY, JULY 14:
SJC Calendaring/Planning Event
 6:00 p.m., Channing Hall

Women’s Potluck
 6:30 p.m., Off-site (**note TIME correction from weekly email**)
 All UU women are welcome--we love to get together to eat and visit. Please bring a dish to share. Tonight’s potluck will be at the home of **Eileen Bowerman**. RSVP to her at ekeohb@gmail.com or call her at 279-2818.



WEDNESDAY, JULY 15:
Women’s Book Group
 5:30 p.m., Chicago Speakeasy, 1520 Euclid
 The July book is *Three Cups of Tea* by Greg

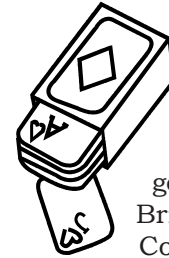
Mortenson and David Oliver Relim. Please call **Lora Evans** at 279-3619 to let her know if you plan to attend or not, so she can make reservations.

UU Circle of Friends Potluck Dinner
 6:30 – 9:00 p.m., Gathering Place or Patio, weather permitting-**NEW TIME!**

The purpose is to gather as many of our Circle of Friends volunteers as possible, weekly – along with the families and individuals assisted. We hope to create better communication and assistance with and among refugee immigrants, allowing more adaptation and independence.



THURSDAY, JULY 16:
Gray’s Lake Association Meeting
 6:30 p.m., Mary Safford Room



FRIDAY, JULY 17:
Duplicate Bridge
 7:00 p.m. Channing Hall,
 This is a good social and learning time within the general structure of Duplicate Bridge. You will need a partner. Contact **Terry or Jane Swanson** at 277-5080 or email them at jswanson@website-center.com

SATURDAY, JULY 18:
Grounds Committee Work Day
 Saturday, July 18, 8:00 to 11:00 a.m.
 The Grounds Committee will be working on the bioswale near the playground today. We will serve lunch at 11:00 a.m. Please bring shovels and wheelbarrows. Questions? Contact **Pat Headley** at guthriep41@yahoo.com.

SUNDAY, JULY 19:
Multi-Age Child Care
 8:45 a.m. Toddler Room

Tai Chi
 9:00 a.m. on the Patio
 See July 12 description for details.

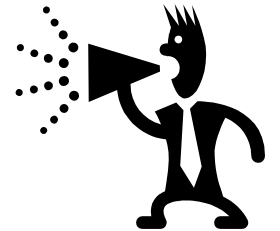
Multi-Age Child RE
UU Movers & Shakers: Clara Barton
 10:00 a.m., Large Activity Room

Energy & Justice
 10:30 a.m., Conference Room
 We strive to encourage UUs and the broader public to take personal and political action in response to the crisis of climate change. For more information, contact **Jon Knapp McAlister** at jandjmcAlister@hotmail.com



SUNDAY, JULY 19 CONTD:
All Church BBQ
 11:30 a.m., Ashby Park, 3200 38th Street, DSM
 We’ll provide the main dish, but please bring a side dish or dessert to share. Amenities at Ashby park include grills, off-street parking, picnic tables, playground equipment, restrooms, two tennis courts and a wading pool. Questions? Want to RSVP? Contact **Lori Emison Clair** at 453-2999 or membership@ucdsm.org.

ANNOUNCEMENTS:
The Social Justice Council is looking for people to join the Council.



The goals of the Council are to:

1. Provide information about social justice work underway at the church and in the community
2. Support and facilitate the successful social justice work of the Social Justice Action Groups
3. Assist individuals in “finding their voice”, and deepening their commitment to action based on the UU principles.

The current active action groups focus on the following: global warming, healthcare, housing, human rights, hunger and international peace and justice. If you are interested please contact **Scott Clair** via email at seclair@gmail.com or call him at 453-2999 by July 13.

First Unitarian is looking for a new custodian. For a job description, visit the web site at www.ucdsm.org.

THIS WEEK AT FIRST UNITARIAN CHURCH: JULY 12 TO 19, 2009

Sunday, 07/12	8:45 a.m. 9:00 a.m. 10:00 a.m. 11:00 a.m. 11:30 a.m.	Multi age child care...Toddler Room Tai Chi...Patio "Lessons from South Africa" w/Joan McAlister..Aud. Child RE...Lower Level Social time...Gathering Place UUs Face 2 Face...Channing Hall Human Rights Action Group meeting..Conf. Rm.
Tuesday, 07/14	6:00 p.m. 6:30 p.m.	SJC Calendaring/Planning Event...Channing Hall Women's Potluck...Off site
Wednesday, 07/15	5:30 p.m. 6:30 p.m.	Women's Book Group...Off-site UU Circle of Friends Dinner...Gathering Place
Thursday, 07/16	6:30 p.m.	Gray's Lake Association Meeting...Mary Safford Rm
Friday, 07/17	7:00 p.m.	Duplicate Bridge...Channing Hall
Saturday, 07/18	8:00 a.m.	Grounds Committee Work Day...church property
Sunday, 07/19	8:45 a.m. 9:00 a.m. 10:00 a.m. 10:30 a.m. 11:30 a.m.	Multi age child care...Toddler Room Tai Chi...Patio "My Spiritual Journey" with Ned Miller...Aud. Child RE...Lower Level Energy & Justice...Conference Room All Church BBQ...Off-site

From July 12 through August 9, First Unitarian will be collecting school supplies to be distributed to children. Please bring the listed items and place them in the collection box in the foyer. The items collected will be given to Children & Families of Iowa to distribute to needy children in their programs. If you have questions, please contact **Amy Knudsen** at 262-1291 or via email at gumby123490@msn.com. Together we can help kids start the school year in a positive way!

Items needed:

Backpacks	Markers
Filler paper	Single subject notebooks
Calculators	Pencil cases
Crayons	Colored pencils
Scissors	Rulers
Glue/Glue Sticks	Supply boxes

