



First Unitarian Church

1800 Bell Avenue

Des Moines, IA 50315

Phone: (515) 244-8603 **Fax:** (515) 244-9761

Web site: www.ucdsm.org

Rev. Mark Stringer ~ minister@ucdsm.org

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Moira Leu, *Music Coordinator* ~ moiraleu@hotmail.com

JoLynn Evans, *Office Assistant* ~ officeassistant@ucdsm.org

Bruce Martin, *Pianist*

Our Mission Statement:

We are a welcoming, inclusive community. Celebrating life, we strive to transform ourselves and our larger community. Together we support one another, encourage religious inquiry, nurture spiritual and intellectual growth and work for social justice.

July 19, 2009



ORDER OF SERVICE

Sunday, July 19, 2009, 10:00 a.m.



"I have learnt silence from the talkative, toleration from the intolerant, and kindness from the unkind; yet strange, I am ungrateful to these teachers."
-- Kahlil Gibran

Intoning the Chime

Call to Gather Reading #416

***Chalice Lighting** Leader: Life is a gift for which we are grateful.
People: We gather in community to celebrate the glories and the mysteries of this great gift.
Leader: So let us kindle now the flame of our liberal religious heritage.
People: In its glow, may our reason and our passion lead us to be true to ourselves, true to each other, and true to what we can together become.

***Hymn #298** *Wake, Now, My Senses*

Welcome

Doxology From all that dwell below the skies
(tune: Old Hundred #371) let songs of hope and faith arise;
let peace, good will on earth be sung
through every land, by every tongue.

Sharing a Story *What's Inside You*
by John Williams Hammond

Singing the Children Out *Children's Benediction* by B. Bradfield
(words by Barbara Pescan) "Go in joy. Go in peace to meet the day. With open hearts embrace life's wonder. We will guide you. We will love you on your way."

Sharing Our Abundance

Joys & Concerns

Rob Heater

Rob Heater

Rob Heater

Adelia Brown

Rob Heater

Meditation Silence
Musical Response *Nocturno* by Franz Strauss

Readings From *The Prophet* "Of Knowledge and Passion" by Khalil Gibran

Sermon "From Fundamentalism to Liberalism"

***Hymn #179** *Words that We Hold Tight*

***Closing Words**

***Extinguishing the Flame** Leader: I extinguish the symbolic flame of this gathering. May we carry its light into the world.
People: *Let us go from this place, open to life, expecting to love, and prepared to serve.*

***Closing in Song** *Hymn of Valor* (inside back cover of Hymnal)

***Please stand as you are able.**

A Warm Welcome to all guests today. We're glad you're here!

Thank You To All Service Participants And Today's Hospitality Team:

Katie Upton will be a senior at Johnston High School this fall. Katie is the Horn winner of the 2009 Yamaha Young Performing Artists Competition. The YYP recognizes outstanding young musicians from the world of classical, jazz and contemporary music.

Hospitality Team: Cornie and Gretchen Van Walbeek, Stan Dudley, Sherry Levine, Harvey Harrison and Ellen Taylor.

Next Week's Service:
"A Search for Joy" with Diane Shelby Churchill
Sunday, July 26, 10:00 a.m., Auditorium

Reflections on a journey to search for peace and joy in this life. Why has my feeling of joy and satisfaction been so fleeting? I think I've found it and it's here to stay...then it slips through my fingers and I am off and running looking for an experience to bring that feeling back.

Ned Miller

Katie Upton

Terry Swanson

Ned Miller

Ned Miller

FIRST UU HAPPENINGS JULY 19 TO 26:

SUNDAY, JULY 19:
Multi-Age Child Care
8:45 a.m. Toddler Room

Tai Chi
9:00 a.m. on the Patio
Join us for 45 minutes of FREE relaxed, simple exercise. No special shoes, clothes, mats, etc. are required. Tai Chi focuses on gathering energy, or “chi” from simple breathing and movement exercises. It opens all the meridians of the body allowing blood and oxygen to flow more freely through the body. Led by member **Sherry Levine**.



SUNDAY, JULY 19 CONTD:
All Church BBQ
11:30 a.m., Ashby Park, 3200 38th Street, DSM
We'll provide the main dish, but please bring a side dish or dessert to share. Amenities at Ashby park include grills, off-street parking, picnic tables, playground equipment, restrooms, two tennis courts and a wading pool. Questions? Want to RSVP? Contact **Lori Emison Clair** at 453-2999 or membership@ucdsm.org.

TUESDAY, JULY 21:
Please Note!! Church offices will close today at 1:00 p.m. for a staff retreat.

WEDNESDAY, JULY 22:
Iowa Health Care Working Group
6:30 p.m., Conference Room

SUNDAY, JULY 26:
Multi-Age Child Care
8:45 a.m. Toddler Room

Tai Chi
9:00 a.m. on the Patio
See July 19 description for details.

Multi-Age Child RE
UU Movers & Shakers: Joseph Priestley
10:00 a.m., Large Activity Room

ANNOUNCEMENTS:
First Unitarian is looking for a new custodian. For a job description, visit the web site at www.ucdsm.org.



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Clara Barton
10:00 a.m., Large Activity Room

Energy & Justice
10:30 a.m., Conference Room
We strive to encourage UUs and the broader public to take personal and political action in response to the crisis of climate change. For more information, contact **Jon Knapp McAlister** at jandjmcAlister@hotmail.com



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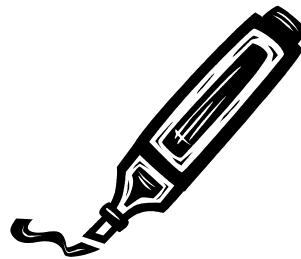
THIS WEEK AT FIRST UNITARIAN CHURCH: JULY 19 TO 26, 2009

<p align="center">Sunday, 07/19</p>	<p>8:45 a.m. 9:00 a.m. 10:00 a.m. 10:30 a.m. 11:30 a.m.</p>	<p>Multi age child care...Toddler Room Tai Chi...Patio "My Spiritual Journey" with Ned Miller...Aud. Child RE...Lower Level Energy & Justice...Conference Room All Church BBQ...Off-site</p>
<p align="center">Tuesday, 07/21</p>	<p>1:00 p.m.</p>	<p>Church Offices CLOSE for staff retreat</p>
<p align="center">Wednesday, 07/22</p>	<p>6:30 p.m.</p>	<p>Iowa Health Care Working Group...Conference Rm.</p>
<p align="center">Sunday, 07/26</p>	<p>8:45 a.m. 9:00 a.m. 10:00 a.m. 11:00 a.m.</p>	<p>Multi age child care...Toddler Room Tai Chi...Patio "A Search for Joy" Diane Shelby Churchill...Aud. Child RE...Lower Level Social Time...Gathering Place</p>

From July 12 through August 9, First Unitarian will be collecting schools supplies to be distributed to children. Please bring the listed items and place them in the collection box in the foyer. The items collected will be given to Children & Families of Iowa to distribute to needy children in their programs. If you have questions, please contact **Amy Knudsen** at 262-1291 or via email at gumby123490@msn.com. Together we can help kids start the school year in a positive way!

Items needed:

- | | |
|------------------|--------------------------|
| Backpacks | Markers |
| Filler paper | Single subject notebooks |
| Calculators | Pencil cases |
| Crayons | Colored pencils |
| Scissors | Rulers |
| Glue/Glue Sticks | Supply boxes |



PLEASE NOTE: Recycling of cans, bottles and other plastics will be discontinued for the remainder of the summer. Also, the compost bin in the kitchen will not be maintained during the summer. If you are on kitchen duty, please note these changes. If you bring your recyclables to the church, please discontinue until the program starts again in the fall. We will notify you when the program begins again.