

First Unitarian Church of Des Moines

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STAFF:

Rev. Mark Stringer, *Minister*

Deb Dessert, *Dir. of Finance & Administration*

Tracy Beck, *Director of RE for Children & Youth*

Lori Emison Clair, *Dir. of Congregational Life*

Carla Herling, *Communications Coordinator*

Connie Price, *Bookkeeper*

Moira Leu, *Music Coordinator*

JoLynn Evans, *Office Assistant*

Ricky Klein, *Ministerial Intern*

Paul Francis, *Custodian*

BOARD OF TRUSTEES:

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*First Unitarian Church of Des Moines invites people into
a respectful, authentic, and joyful religious community that
nurtures meaningful connections, pursues justice, and inspires service.*

September 19 & 20, 2009



ORDER OF SERVICE

Saturday, September 19, 2009, 4:30 p.m.

Sunday, September 20, 2009, 9:00 a.m. and 10:30 a.m.

Mary Pearson, accompanist



"It's not differences that divide us. It's our judgments about each other that do."

—Margaret J. Wheatley

Learning a Hymn #90 *From All the Fret and Fever of the Day*

Intoning the Chime

Call to Gather Adapted from Israel Zangwill

Rev. Stringer

Chalice Lighting Leader: Life is a gift for which we are grateful.
People: *We gather in community to celebrate the glories and the mysteries of this great gift.*

Kim Jones (Sun.)

Leader: So let us kindle now the flame of our liberal religious heritage.

People: *In its glow, may our reason and our passion lead us to be true to ourselves, true to each other, and true to what we can together become.*

***Hymn #131 (Sat.)** *Love Will Guide Us*

***Hymn #353 (Sun.)** *Golden Breaks the Dawn*

Welcome

Maria Fillipone

Doxology From all that dwell below the skies
(tune: Old Hundred #371) let songs of hope and faith arise;
let peace, good will on earth be sung
through every land, by every tongue.

Sharing a Story (Sun.) *Crocodile and Ghost Bat Have a Hullabaloo* **Genasee Post**
An Australian Tale of Name-Calling

Singing the Children Out (Sun.) *Children's Benediction* by B. Bradfield
(words by Barbara Pescan) "Go in joy. Go in peace to meet the day. With open hearts embrace life's wonder. We will guide you. We will love you on your way."

Joys & Concerns

Sharing Our Abundance *Second Basket goes to Passageway and Children & Families of Iowa*

Meditation

Spoken including *Everything Has a Deep Dream*
by Rachel Naomi Remen

Rev. Mark Stringer

Silence

Sung Response #90 *From All the Fret and Fever of the Day*

Reading *There Is Such a Thing as Truth* by Errol Morris

Special Music *The Wanderer's Song* by Robert Schumann

Dan Peichl

Sermon "Race to Judgment"

Rev. Mark Stringer

***Hymn #83** *Winds Be Still*

***Closing Words**

***Extinguishing the Flame** Leader: I extinguish the symbolic flame of this gathering. May we carry its light into the world.
People: *Let us go from this place, open to life, expecting to love, and prepared to serve.*

***Closing in Song** *Hymn of Valor* (inside back cover of Hymnal)
**Please stand as you are able.*

Thank You To All Service Participants And Today's Hospitality Team:

Hospitality Teams: Saturday: Doug Hoffman and Dagny Fidler

Sunday: 9 a.m.: *Team Leader*—Gene McCracken, Judy Davis, Deb Kane, Kay Hertz, Cat Morris, Curt Simmons, Mary Kelly, Barb Klubal, Jan Svec, Margaret Wills

Sunday 10:30 a.m.: *Team Leader*—Ellen Taylor, Barb & David Hurd, Joel Severinghaus, Bev Westra, Eugene & Mary Beth Fracek, Jean Rommes, Sherry Levine, Stan Dudley, Chery Peterson, Karen Kittell

Dan Peichl is currently employed as a Travel Consultant for Bob Rogers Travel. He also teaches French Horn as an adjunct faculty member at Drake University.

Next Week's Service:

"Turning Time" with Rev. Mark Stringer

Saturday, September 26, 4:30 p.m. and Sunday, September 27, 9:00 and 10:30 a.m., Aud.
As autumn continues its arrival, bringing with it changing colors and rhythms, we set aside some time to consider the turning we are all called to in order to live and love our lives to the fullest. A meditation on forgiveness—both that which we seek and that which we grant—inspired, in part, by the Jewish Days of Awe.

FIRST UU HAPPENINGS SEPTEMBER 20 to 27:

SUNDAY, SEPTEMBER 20:
Def-Con 2 continues...

Today is the first day of Children's Religious Education: 9:00 and 10:30 a.m.

Understanding the Bible.....an Introduction for Skeptics, Seekers, and Religious Liberals.

9:00 a.m., Room 108

We will use the book *Understanding the Bible* by John A. Buehrens and the *Bible* for the course. The book may be purchased at the church bookstore.

Mark Metz will facilitate.

Social Justice Fair

10:00 a.m., Channing Hall

Hear about all of the amazing work the UU Social Justice Action Groups have been involved in the past year and learn about what they have in store for this year and how you can be a part of it.

Parent RE Orientation

11:45 a.m., RE Gathering Space

Meet your child's RE Teacher and learn more about the Religious Education Program at First Unitarian Church. Lunch will be at 11:30 a.m. (Children will be invited to eat with parents) Childcare is available. Please let Tracy know if you will need it. RSVP to **Tracy Beck** at dre@ucdsm.org.



Climate Change Meeting

6:30 p.m., Channing Hall

MONDAY, SEPTEMBER 21:
AMOS Mental Health/Addiction Team Meeting

5:30 p.m., Conference Room

WEDNESDAY, SEPTEMBER 23:
Wednesday Night Dinner begins at 5:30 p.m. \$5 for adults, \$2 for kids, maximum of \$14 per family.



Tonight's guest chefs are **Greg Pelley and Curt Simmons**. Menu for tonight is Pasta collage, salad and bread. RSVP to **Lori Emison Clair** at 453-2999 or via email at dcl@ucdsm.org.

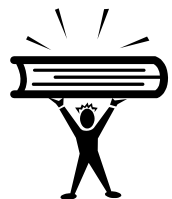
All programming begins at 6:30 p.m. unless otherwise noted

Vegetarian Cooking w/Energy and Justice for All (*Kitchen/Gathering Space*)

The Vegetarian Cooking Club will give you new ideas to help you reduce your meat consumption or make the switch to vegetarianism altogether. This month's session will be led by **Jon Knapp McAlister**. He will take you through tofu basics and why it's so good for you, what the different kinds are, how each type can be used and how to cook with it so it tastes good (which is really the big question, isn't it!?). *Donations to cover costs will be accepted.*

Religion and American Writing III

We will read and discuss selected American writings from colonial times to the late 20th century, focusing on the ways in which religion is viewed, represented and related to American history and society. Reading materials to be provided by the leader, **Bruce Martin**. Questions? 288-3427 or bruce.martin@drake.edu



WEDNESDAY, SEPTEMBER 23 CONTD.:

Jewelry Making

Learn the basics of jewelry making taught by **Kristin Wilson**. Tonight's focus is on earrings. *Class is open to adults, teenagers and ages 10-12 WITH a parent.* Lessons are free but there is a materials fee of \$3 to \$6. Bring jewelry pliers if you have them. **Please RSVP to Lori to save your spot.**

Grandparents Group

We will exchange stories about our roles, our kids and our grandkids. Great for expectant grandparents too!



Wednesday Yoga

6:45 p.m.-7:30 p.m. (note time!)

This class will combine spirit, mind, and body to perform poses from traditional yoga.

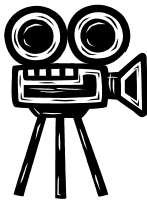
The class includes static poses along with flowing

series to calm your mind and get the heart pumping. Don't worry you don't have to be flexible that's why we practice yoga is to gain strength and flexibility. It also is a great way to relax, ground yourself, and build self awareness. *Suggested donation of \$5.00 per class.*

Wednesday Movies

Marty (1955), 91 min.

Marty has a problem. Middle-aged and trapped by a smothering mother, his future looks bleak. But when this butcher from the Bronx meets a lonely schoolteacher, suddenly everything is possible. *Marty* swept the Academy Awards in 1955, winning a Best Actor Oscar for Ernest Borgnine and a Best Screenplay award, as well as Best Picture and Best Director Awards.



WEDNESDAY, SEPTEMBER 23 CONTD.:

Buddhist Meditation

Please join **Denise Daniels** for Buddhist Meditation. For a second year our group will explore meditation and provide support for (hopefully everyone's) journeys. No prior knowledge is required.

To encourage Facebook usage, **Tim Brown** will be available on Sundays and during the Weds night programs in Sept, at the church, for 1-on-1 Facebook training. Reservations required. Call **Tim** at (302) 690-7650 or timbrown74@yahoo.com Tim will provide a PC for training.

Children's Choir

6:00 to 6:45 p.m.

Wednesday night children's activities will follow choir practice, so all children can enjoy choir AND Wednesday Night programming! Chalice choir (2nd grade and up) practices from 6-6:45 p.m. and 5th Principle Singers (age 4 through 1st grade) join them to practice from 6:30-6:45 p.m. Any questions? contact **Karen Kraemer** at kbkraemer@yahoo.com.



Kids F.A.C.E.

6:45 to 8:00 p.m.

Join us as we investigate the natural world around us, conservation and how we can make a difference in the environment. Open to kids age 5 and up. Be prepared to go outdoors (*weather permitting*).

Story Telling for Kids: 6:45-8:00 p.m.

A select group of performers will be working with the talents of **Jane Bibber** in the creative and healing art of storytelling. Contact **Tracy Beck** at dre@ucdsm.org.

WEDNESDAY, SEPTEMBER 23 CONTD.:
Religious Services Committee Meeting
6:30 p.m., Conference Room

THURSDAY, SEPTEMBER 24:



Parents' Group Meeting
6:30 p.m., Conference Room
We will take some time to brainstorm Phase II of the beautification project for

the childcare room, plan the inaugural Parents' Night Out, as well as share ideas for improving our childcare program. Refreshments provided. RSVP to **Lori Emison Clair** at dcl@ucdsm.org or **Naura Godar** at nheimangodar@gmail.com.

Adult Choir Rehearsal
7:00 p.m., Channing Hall

SATURDAY, SEPTEMBER 26:
COA Mentor Orientation
9:00 a.m., Channing Hall

SUNDAY, SEPTEMBER 27:
Understanding the Bible.....an Introduction for Skeptics, Seekers, and Religious Liberals.

9:00 a.m., Room 108
We will use the book *Understanding the Bible* by John A. Buehrens and the *Bible* for the course. The book may be purchased at the church bookstore. **Mark Metz** will facilitate.

Connecting U & U Fair
10:00 a.m., Channing Hall
Come to Channing Hall to find out more about what the church's committees are and how to connect with your area of interest. For more information, contact **Tim Brown** at 967-7982 or TimBrown74@yahoo.com. If your group would like to reserve a table, the reservation deadline is Wednesday, September 24.

SUNDAY, SEPTEMBER 27 CONTD.:
Great Decisions

10:30 - 11:30 a.m., Minister's office
Great Decisions is a discussion program produced by the Foreign Policy Association. People interested in foreign affairs are welcome to join. Contact **Fred La Croix** at 277-8967 or via email at f.lacroix@mymailstation.com.

Energy & Justice for All

10:30 a.m., Conference Room
We strive to encourage UUs and the broader public to take personal and political action in response to the crisis of climate change. Everyone is welcome. For more information, contact **Jon Knapp McAlister** at 961-2524 or jandjmc alister@hotmail.com or contact **Kathie Dawley** at kdawley@mchsi.com.



Church Youth
11:30 a.m., Room 107

Endowment Committee Meeting
11:30 a.m., Conference Room



Eid al Fitr Potluck
6:00 p.m., Gathering Place
Celebrate the end of Ramadan and the birth of our community's first

American-born Iraqi baby with Circle of Friends and the Iraqi Refugee Support Project. Bring food and friends and learn about Iraqi culture. Questions? Contact **Kelly Patton** at KellyPatton6@gmail.com.

SHARING OUR ABUNDANCE:

Children & Families of Iowa (CFI) is restoring hope, building futures and changing lives. *Passageway* provides a place where individuals with mental illness can find personal support and have employment opportunities and training.

ANNOUNCEMENTS:

Youth Fundraiser:

Recycling Ink Cartridges

The Youth of First Unitarian Church of Des Moines will take any used Ink Cartridges to be recycled. As a part of a program called *Empties4Cash*, they will get \$.25-4.00 for each ink cartridge! There is a box in the DRE office for drop off of any ink cartridges. Help the youth raise money and save the environment too!



SAVE THE DATE!

All-church Halloween party is coming on Saturday, October 31. Look for information in the October Intercom and for your email invitation to come.



Financial Update *(Updated monthly)*

Our Financial Report through 8/31/09:

Operating Fund:

Budgeted YTD Income	\$	88,000
Actual YTD Income	\$	108,000
Budgeted YTD Expenses	\$	89,000
Actual YTD Expenses	\$	79,000

Capital Campaign Fund:

YTD pledges collected	\$	27,000
YTD expenses	\$	-
Capital Campaign Fund Balance	\$	48,000

Share a story with the PSD Board

You are invited to share a story about a positive difference Prairie Star District has made within your congregation, between or among UU congregations, or beyond your congregation, in the larger community.

You may choose to share your story with a Board member by phone, or you may share your story by email. *To share your story by phone (about 15 minutes):* Please email PSD Vice President Kathy Burek at kpburek@comcast.net and provide her with your name, phone number and the best times to reach you. A Board member will contact you by email to set up a time for the phone interview. To share your story by email, please respond to the following questions in an email, or in an attached Word document, and send to Kathy Burek at kpburek@comcast.net.

Describe a time the District made a positive difference.

What was the situation like before the District's work? After the District's work?

What was important to you about the difference made by the District?

Who was better off as a result of PSD's work?

If there were no constraints or obstacles, what three wishes would you have for the District's future, in terms of what difference we could make and for whom? *Please include your name and congregation in your response. We would appreciate hearing from you by October 2.*

THIS WEEK AT FIRST UNITARIAN CHURCH: SEPTEMBER 20 TO 27, 2009

<p>Sunday, 09/20</p>	<p>All Day 9:00 a.m. 10:00 a.m. 10:30 a.m. 11:30 a.m. 11:45 a.m. 6:30 p.m.</p>	<p>Def Con 2...Entire church "Race to Judgment" with Rev. Mark Stringer..Aud. First Day of RE...Downstairs The Bible for Skeptics..Room 108 Social Time...Gathering Place Social Justice Fair...Channing Hall "Race to Judgment" with Rev. Mark Stringer..Aud. First Day of RE...Downstairs Social Time...Gathering Place Parent RE Orientation..RE Gathering Space Climate Change Meeting...Channing Hall</p>
<p>Monday, 09/21</p>	<p>5:30 p.m.</p>	<p>AMOS Mental Health & Addiction Team...Conf. Rm.</p>
<p>Wednesday, 09/23</p>	<p>5:30 p.m. 6:00 p.m. 6:30 p.m.</p>	<p>Wednesday Night Dinner..Channing Hall Children's Choir Rehearsal...Room 105 Wednesday Night Programming...Entire Church Religious Services Comm. Meeting...Conf. Room</p>
<p>Thursday, 09/24</p>	<p>6:30 p.m. 7:00 p.m.</p>	<p>Parents Group Meeting...Conference Room Adult Choir Rehearsal...Channing Hall</p>
<p>Saturday, 09/26</p>	<p>9:00 a.m. 4:30 p.m. 5:30 p.m.</p>	<p>COA Mentor Training..Channing Hall "Turning Time" with Rev. Mark Stringer.. Aud. Social Time...Gathering Place</p>
<p>Sunday, 09/27</p>	<p>9:00 a.m. 10:00 a.m. 10:30 a.m. 11:30 a.m. 6:00 p.m.</p>	<p>"Turning Time" with Rev. Mark Stringer.. Aud. Children's RE...Downstairs The Bible for Skeptics..Room 108 Social Time...Gathering Place Connecting U & U Fair...Channing Hall "Turning Time" with Rev. Mark Stringer.. Aud. Children's RE...Downstairs Great Decisions...Minister's Office Energy & Justice...Conference Room Social Time...Gathering Place Church Youth...Room 107 Endowment Committee Meeting...Conference Rm. Eid Potluck...Gathering Place</p>