

FIRST UNITARIAN CHURCH OF DES MOINES
Sunday, February 5, 2023 at 9:30 a.m.

Sounding the Rin Gong

Prelude

Welcome

Spotlight from the Board of Trustees:
Jeremy Guenther

Chalice Lighting

*Gathering Song #155 (*gray hymnal*)
Circle Round for Freedom

Story for All Ages
A Walk to the Store by Judeah Reynolds

Offering Words and Offertory

Meditation and sung response
Comfort me (3x) ... O my soul
Sing with me (3x) ... O my soul

First Reading
The First Week by Laura Eberly

Music Sawyer Evans, alto saxophone
Here Comes the Sun by George Harrison

Second Reading
V'ahavta by Aurora Levins Morales
www.auroralevinsmorales.com/connections.html

*Song #95 (*gray hymnal*)
There is More Love Somewhere

Sermon
Imagine Abolition

*Song #108 (*gray hymnal*)
My Life Flows on in Endless Song

*Benediction

*Postlude Hymn of Valor

*Extinguishing the Chalice

Hymn of Valor

*Soul of Truth, Eternal Goodness,
Sojourn with us as we part;
Fill our minds with high endeavor,
Keep us just and pure in heart.*

*Strengthen us for daily duty,
Guide us by the inner light;
Hallowed be each coming morning,
Calm and peaceful be each night.
Amen.*

**Please rise in body or spirit*

Gratitude for Today's Participants

Celebrant:	Barb Martin
Pianist:	Bruce Martin
Musician:	Sawyer Evans
Song Leader:	Sarah Guenther
A/V volunteer:	Kent Newman
Pastoral Care:	Gene McCracken
Hospitality Coord.:	Terry Meek

WELCOME!

We are glad you're here.

To learn more about our congregation,
please speak with any of today's service
participants, our Greeters, or our Minister,
or find us online at www.ucdsm.org

Rev. Victoria Safford vsafford@ucdsm.org
Birch Spick, bspick@ucdsm.org
Coordinator of Faith Formation and Membership

Our Mission

***Grow ethically and spiritually. Serve justly.
Love radically.***

Accessibility at First Unitarian

- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves in your left. An usher will be glad to help you.
- **Disability placards/license plates:** Parking is available outside the west doors just past the drop-off lane in the right lane, or in the lot just south of the church on Casady Drive.
- **Push Button Electric Entrance/Exit Door:** Main floor, south and west sides of the building
- **Lift to all building levels:** Main floor on the east side of the coatroom.

Faith Formation for children and Youth: Winter 2023

Ours is an intergenerational community! Did you:

- *Come with kids 0-4?* We have childcare downstairs all morning, or bring your kids with you to the service (check out our Wee Worship Space in the back of the auditorium!)
- *Come with kids 5-11?* Check out our *One Room SchUUlhouse* in Room 111 after the service – a space to learn, grow, and play
- *Come with teenagers?* Check out our youth group, YRUU, in Room 107 after the service

Birch Spick, Faith Formation and Congregational Life Coordinator, bspick@ucdsm.org

We Want Your Views!

Are you interested in learning more about:

- The role of money in your life
- Our UU multicultural and anti-racist work
- Issues of aging and wisdom
- The UU Common Read program
- The Wellspring series

Are you interested in participating in groups around:

- Active outings
- Mind, body, and spirit
- Crafting
- Diversity

If so, please participate in our Adult Programming Survey at <https://forms.gle/s5yDEDQhuReRVacf6>



TODAY'S FORUM 11:00 am - 12:00 pm in Griffin Hall!

Polk County Sustainability with John Norris

TODAY'S OFFERING

Every week, half of our offering goes to support our Faith in Action partners in the wider community. This year's partners are **Hawthorn Hill, helping unhoused families obtain permanent homes**, and **Let's Talk**, collaborating with the Des Moines public schools to help young people resolve conflict peacefully. You may give through the plate, or use this link: <https://tinyurl.com/bddtz9wm> or open the camera app on your phone and scan this QR code:

