

**Bell & Bird Call to Worship** video

**\*Hymn #1014** *Answering the Call of Love*

**Welcome**

**Chalice Lighting**

**Covenant** *Relational Covenant of UCDSM*

**Responsive Invocation #584**

**Sung Invocation** (tune #1013)

Open my heart to all that life brings.  
Let me be part of the love that's giv'n.

**Story** *Breaking Promises*  
Joe Berry

**Children's Benediction**

**UU History** video *Chapter 2*

**Spotlight** *Social Justice Revival* Katie Allen

**Music** *Bell Rondelle* UU Ringers  
E.J. Lorenz

**Joys and Sorrows**

**Moment of Silence**

**Training in Compassion** *See Everything as a Dream*

**Sung Response #1002** *Comfort Me*

**Offertory**

**Sermon, part 1**

**Interlude**

**Sermon, part 2**

**Hymn #149** *Lift Every Voice and Sing*

**\*Extinguishing the Chalice**

**\*Spoken Benediction**

**\*Sung Benediction** *Hymn of Valor*

*\*Please rise in body or spirit.*

---

Minister:	Rev. Meredith Garmon
Celebrant:	Louise Alcorn
Storyteller:	Faithyna Leonard
Song Leader:	Sarah Guenther
Pastoral Care Associate:	Laura Berardi
Hospitality Team Lead:	Shelly Kaldenberg
AV Tech:	Rob Malcolmson

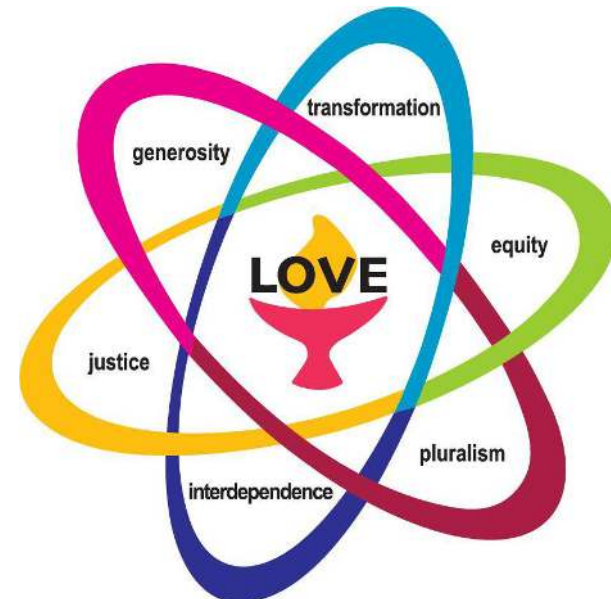
---

**Today's Forum**

*2025 Challenges to Public Schools*

Mike Andreski

We will discuss some of the bigger issues with which schools are dealing and also highlight any issues coming out of the governor's "Condition of the State" address.



**FAITH IN ACTION.** Our 2024-25 Faith in Action Partners are **AI Exito!** and **Young Women's Resource Center.** To contribute, please see our Faith in Action page – this QR code can take you there.



**CONNECTION CIRCLES.** Connection Circles are a way of connecting with one another in deep and meaningful ways. Groups of 8-10 people gather once a month to engage with a different spiritual theme through reflection, practice, deep listening, and open-hearted sharing. Scan to sign up.



**REALM.** View church documentation, connect with your groups, and check for schedule changes all in one place! Scan the QR code below or email [OfficeStaff@ucdsm.org](mailto:OfficeStaff@ucdsm.org) to request an invitation to Realm.



**ACCESSIBILITY:**

- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves to your left.
- **Disability placards/license plates:** Parking is available outside the west doors just past the drop-off lane in the right lane, or in the lot just south of the church on Casady Drive.
- **Push button electric entrance/exit Door:** Main floor, south and west sides of the building
- **Push button electric bathroom door:** Main floor gender neutral bathroom.
- **Lift to all building levels:** Main floor on the east side of the coatroom.

# Welcome to the First Unitarian Church of Des Moines

*Love radically. Grow ethically and spiritually. Serve justly.*



2025 Jan 19 ~ 9:30-10:45  
5th Sunday of Winter  
“Acceptance and Resistance”



*Waning Gibbous*