

Bell & Bird Call to Worship video

***Hymn #34** *Though I May Speak with Bravest Fire*

Welcome

Chalice Lighting

Covenant *The UCDSM Bond of Union*

Responsive Invocation #661

Sung Invocation (#318 v. 2)

Story *The Pandas who Promised*
Rachel Bright, Jim Field

Children's Benediction

New Member Recognition

UU History video *Chapter 3*

Music *Set Me as a Seal* UU Singers
R. Clausen

Joys and Sorrows

Moment of Silence

Training in Compassion *Examine the Nature of Awareness*

Sung Response #1009 *Meditation on Breathing*

Offertory

Sermon, part 1

Interlude

Sermon, part 2

Hymn #121 *We'll Build a Land*

***Extinguishing the Chalice**

***Spoken Benediction**

***Sung Benediction #363** *Alleluia! Sang Stars*

**Please rise in body or spirit.*

Minister:	Rev. Meredith Garmon
Celebrant:	Bill Brauch
Storyteller	Faithyna Leonard
Song Leader:	Ren C
Pastoral Care Associate	Barb Glass
Hospitality Team Lead	Sue Huber
AV Tech	Kent Newman

Today's Forum

IPR: An Update
Myrna Johnson

Myrna Johnson, Executive Director of Iowa Public Radio (IPR), since Jan 2014, will be with us to discuss the state of public radio in Iowa. n of the State" address.

FAITH IN ACTION. Our 2024-25 Faith in Action Partners are **AI Exito!** and **Young Women's Resource Center.** To contribute, please see our Faith in Action page – this QR code can take you there.



CONNECTION CIRCLES. Connection Circles are a way of connecting with one another in deep and meaningful ways. Groups of 8-10 people gather once a month to engage with a different spiritual theme through reflection, practice, deep listening, and open-hearted sharing. Scan to sign up.



REALM. View church documentation, connect with your groups, and check for schedule changes all in one place! Scan the QR code below or email OfficeStaff@ucdsm.org to request an invitation to Realm.

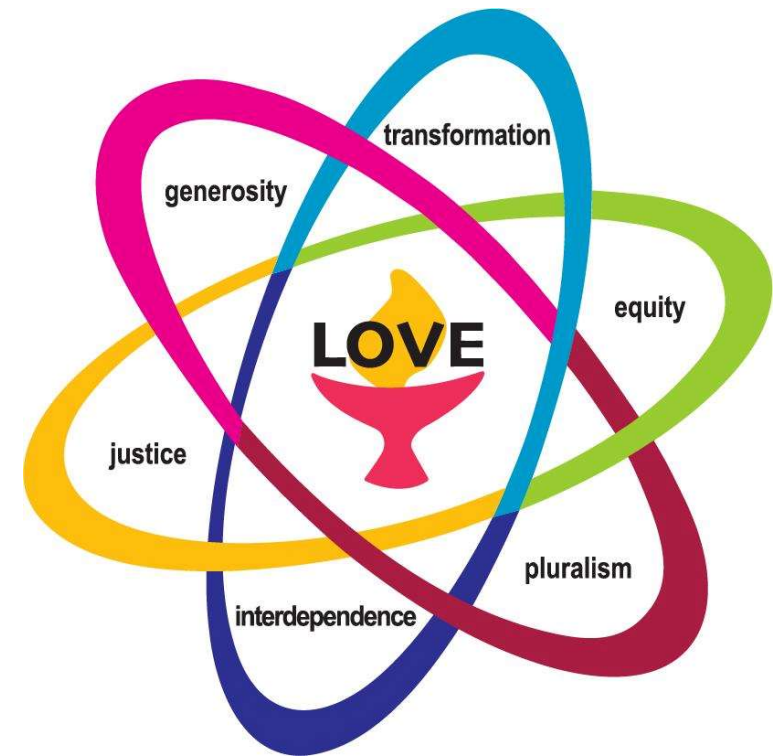


ACCESSIBILITY:

- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves to your left.
- **Disability placards/license plates:** Parking is available outside the west doors just past the drop-off lane in the right lane, or in the lot just south of the church on Casady Drive.
- **Push button electric entrance/exit Door:** Main floor, south and west sides of the building
- **Push button electric bathroom door:** Main floor gender neutral bathroom.
- **Lift to all building levels:** Main floor on the east side of the coatroom.

Welcome to the First Unitarian Church of Des Moines

Love radically. Grow ethically and spiritually. Serve justly.



2025 Jan 26 ~ 9:30-10:45
6th Sunday of Winter
“Desert Theory”



Waning Crescent