

**Bell & Bird Call to Worship** video

**Passing the Peace** *La paz sea vosotros. Y también contigo*

**\*Hymn #368** *Now Let Us Sing*

**Welcome**

**Chalice Lighting**

**Covenant** *from UUA Bylaws*

**Responsive Invocation #521**

**Sung Invocation #1013**

**Story** *Speak Up, Wonder Pup*  
Angela Murphy

**Children's Benediction**

**Stewardship**

**UU History** video *Chapter 4*

**Music** *Until All of Us are Free* UU Singers  
Lazarus, Burrows

**Joys and Sorrows**

**Moment of Silence**

**Sung Response #1002** *Comfort Me*

**Training in Compassion** *Examine the Nature of Awareness*

**Offertory**

**Sermon, part 1**

**Interlude**

**Sermon, part 2**

**Hymn #298** *Wake, Now, My Senses*

**\*Extinguishing the Chalice**

**\*Spoken Benediction**

**\*Sung Benediction** *Hymn of Valor*

*\*Please rise in body or spirit.*

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Minister:	Rev. Meredith Garmon
Celebrant:	Elizabeth Williams
Storyteller	Faithyna Leonard
Song Leader:	Chrissy Williams
Pastoral Care Associate	Jim Carty
Hospitality Team Lead	Lynne & Kerry George
AV Tech	Rob Malcolmson

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### **Today's Forum**

*Your Ideas for the Church Budget*

Join your fellow church members and several UCDSM board representatives to discuss the UCDSM budget for the 2025-2026 church year. There will be an update on the 2024-2025 budget, the process for the next few months to get the 2025-2026 budget to the annual meeting, and discussion of where you want your church to grow and what you want to see reflected in our budget. It's your church, it's your budget!

**FAITH IN ACTION.** Our 2024-25 Faith in Action Partners are **AI Exito!** and **Young Women's Resource Center.** To contribute, please see our Faith in Action page – this QR code can take you there.



**CONNECTION CIRCLES.** Connection Circles are a way of connecting with one another in deep and meaningful ways. Groups of 8-10 people gather once a month to engage with a different spiritual theme through reflection, practice, deep listening, and open-hearted sharing. Scan to sign up.



**REALM.** View church documentation, connect with your groups, and check for schedule changes all in one place! Scan the QR code below or email [OfficeStaff@ucdsm.org](mailto:OfficeStaff@ucdsm.org) to request an invitation to Realm.

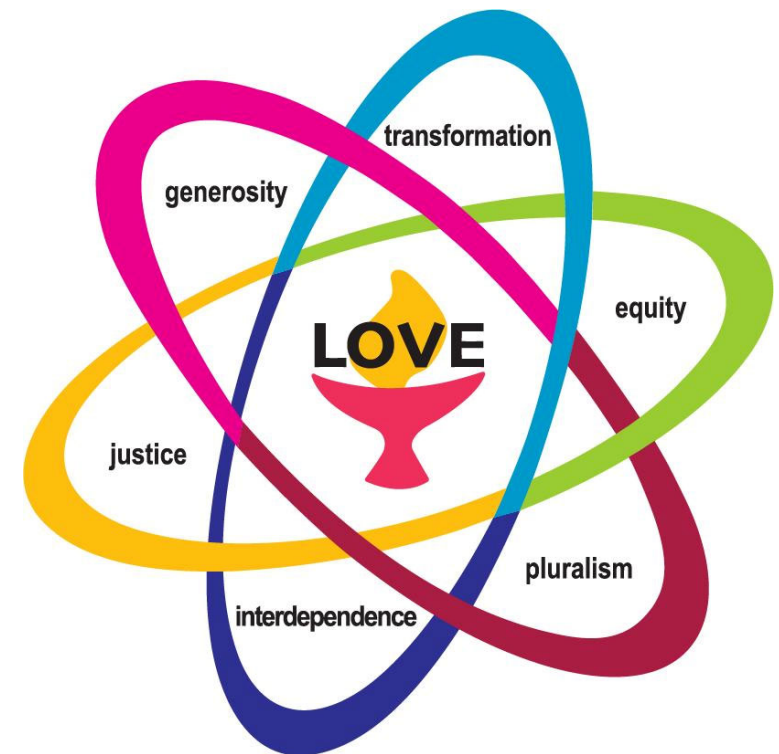


**ACCESSIBILITY:**

- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves to your left.
- **Disability placards/license plates:** Parking is available outside the west doors just past the drop-off lane in the right lane, or in the lot just south of the church on Casady Drive.
- **Push button electric entrance/exit Door:** Main floor, south and west sides of the building
- **Push button electric bathroom door:** Main floor gender neutral bathroom.
- **Lift to all building levels:** Main floor on the east side of the coatroom.

# Welcome to the First Unitarian Church of Des Moines

*Love radically. Grow ethically and spiritually. Serve justly.*



2025 Feb 2 ~ 9:30-10:45  
7th Sunday of Winter  
“Crossing the Line”



*Waxing Crescent*