

Inviting the Bell

Chalice Lighting by Albert Schweitzer
At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lit the flame within us.

***Passing the Peace** “Peace be with you”

***Hymn #1010** "We Give Thanks" (sung twice)

Welcome

Covenant First Unitarian Church of Des Moines Bond of Union
We covenant to associate ourselves together for the study and practice of morality and religion, as interpreted by the growing thought and noblest lives of humanity, hoping thereby to prove helpful one to another and to promote truth, righteousness and love in the world.

***Hymn #128** “For All that is our Lives” (verses 1-2)

Story The Gratitude Jar
by Katrina Liu & Bella Ansori

Children’s Benediction

Spotlight Peace, Justice, and Democracy

Joys and Sorrows

Moment of Silence

Sung Response #402 “From You I Receive”

Offering

Reflection Bill Brauch

Music “Hope Springs” UU Singers
By Rob Redei

Sermon “Practice Makes Grateful” Rev. Steve

***Hymn #355** “We Lift Our Hearts in Thanks”
Sung to the tune of Amazing Grace

***Extinguishing the Chalice** by Charles A. Howe
May we go forth from this place thankful for the life that sustains and renews us, and open to the grace that surrounds and surprises us. May we go forth from this place with openness and with thanksgiving.

*Spoken Benediction

***Sung Benediction #363** “Alleluia! Sang Stars”

**Please rise in body or spirit.*

Minister	Rev. Steve Sieck
Celebrant:	Bill Brauch
Song Leader:	Sarah Chang
Musicians:	Bruce Martin, pianist; UU Singers, Karen Kraemer
Pastoral Care Associate:	Laura Berardi
AV Tech:	Eileen Jackson
Hospitality Team Lead:	Crystal Loving

TODAY'S FORUM

Capital Campaign: Heirlooms, memorial plaques and furniture! Oh My! Do you care about our church's history and how it gets recognized?

Come to the Forum on Sunday, Nov. 9th as the Dare to Dream committee revisits our past and envisions our future by exploring the contents of the upper level floor of our church.

A slide show and small group discussions will make this an interactive and engaging hour.

ONLINE GIVING. Support various programs with online donations! Scan the QR code and select a fund:



- **Your Pledge**
- **Basket Donation**
- **Faith in Action Partners** (donations split evenly among partners)
- **Endowment**
- **and more!**

FAITH IN ACTION. Our 2025-26 Faith in Action Partners are the **YMCA Supportive Housing Campus** and **Refugee and Immigrant Voices in Action**. You can now give to these groups through our online giving or by using the envelopes located in the auditorium. All donations will be split evenly.

Accessibility:

- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves to your left.
- **Disability parking and accessible entrances:** Parking is available outside the west doors just past the drop-off lane in the right lane, or in the lot just south of the church on Casady Drive.

Lift to all building levels: Main floor on the east side of the coat room.

Welcome

to the First Unitarian Church of Des Moines

Love radically. Grow ethically and spiritually. Serve justly.



2025 November 9 ~ 9:30-10:45
7th Sunday of Fall



Waning Gibbous