

Opening Words

by Alexis Engelbrecht

Chalice Lighting

by Bets Wienecke

*May this flame, symbol of transformation since time began,
fire our curiosity, strengthen our wills,
and sustain our courage
as we seek what is good within and around us.*

***Passing the Peace** “Peace be with you”

***Hymn #347** “Gather the Spirit” v. 1

Welcome

Covenant First Unitarian Church Mission

*We covenant to love radically, grow ethically and spiritually,
and serve justly.*

Hymn #345 “With Joy We Claim the Growing Light” v. 1

Sung to the tune of #410

Story “Who was Siddhartha Gautama?” Rev. Steve

Children’s Benediction

Spotlights

Art Committee
QTAG

Kara Andreski
Janice Hawkins

Meditation

written by Shantideva

Joys and Sorrows

Moment of Silence

Sung Response #1031 “Filled with Loving Kindness” v. 3

Offering

Reflection excerpt from “Doing the Buddha’s Practice”

by Jack Kornfield

Karen Massetti Miller

Music

“To Sit and Dream”

UU Singers

by Rosephane Powell

Sermon

“Awakening”

Rev. Steve

***Hymn #184** “Be Ye Lamps Unto Yourselves” (sung twice)

*Extinguishing the Chalice

by Barbara Cheatham

*May each of us bring happiness into another’s life;
may we each be surprised by the gifts that surround us;
may each of us be enlivened by constant curiosity —
And may we remain together in spirit
til the hour we meet again.*

*Spoken Benediction

***Sung Benediction** Hymn of Valor

**Please rise in body or spirit.*

Service Leader:

Rev. Steve Sieck

Celebrant

Bill Brauch

Song Leader:

Barb Martin

Musicians:

Rev. Steve, pianist; Karen Kraemer, UU Singers

Pastoral Care Associate:

John Morrow

AV Tech:

Kent Ohms

Hospitality Team Lead:

Elaine Imlau

TODAY'S FORUM: Strategic Planning

Join us to learn about the new board-approved strategic plan for 2026-2027 and the process the congregation has used to arrive at this first installment in our three year strategic plan.

ONLINE GIVING. Support various programs with online donations! Scan the QR code and select a fund:



- **Your Pledge**
- **Basket Donation**
- **Faith in Action Partners** (donations split evenly among partners)
- **Endowment**
- **and more!**

FAITH IN ACTION. Our 2025-26 Faith in Action Partners are the **YMCA Supportive Housing Campus** and **Refugee and Immigrant Voices in Action**. You can now give to these groups through our online giving or by using the envelopes located in the auditorium. All donations will be split evenly.

ACCESSIBILITY:

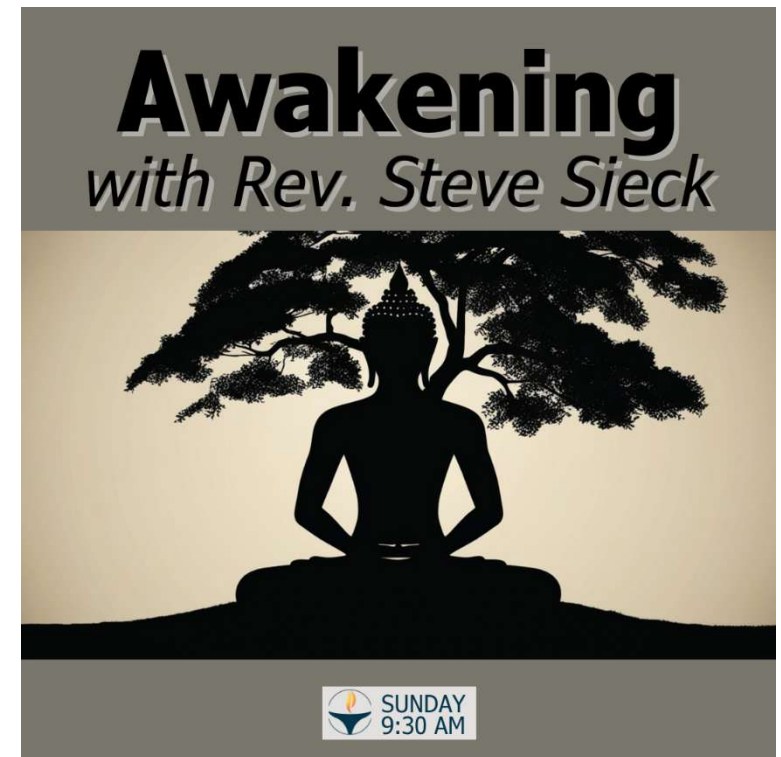
- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves to your left.
- **Disability parking and accessible entrances:** Parking and drop-off/pick-up for those with accessibility needs is available in the lot just south of the church on Casady Drive.
- **Lift to all building levels:** Main floor on the east side of the coatroom.

Welcome

to the

First Unitarian Church of Des Moines

Love radically. Grow ethically and spiritually. Serve justly.



2026 May 3rd ~ 9:30-10:30
7th Sunday of Spring



Waning Gibbous