

SERVICES:

9:15 a.m. Service

Gather in the Auditorium for a full Sunday service featuring readings, hymns, reflections, musical ensembles, and a sermon. Come listen, reflect, sing, and connect.

11:00 a.m. MOSAIC Service

Join us in Griffin Hall for a more intimate, discussion-based service exploring the same themes and questions in a participatory way. MOSAIC stands for Meaning, Openness, Sharing, Authenticity, Inquiry, and Connection.

For Children & Families

Faith Formation classes for children are offered during the 9:15 a.m. service **ONLY**.

ONLINE GIVING. Support various programs with online donations! Scan the QR code and select a fund:

- **Your Pledge**
- **Basket Donation**
- **Endowment**
- **and more!**



ACCESSIBILITY:

- **Assistive Listening Devices, full-page magnifiers, large-print hymnals and hymnals in Braille:** These are available just inside the Auditorium doors, on the shelves to your left.
- **Disability parking and accessible entrances:** Parking is available outside the west doors just past the drop-off lane in the right lane, or in the lot just south of the church on Casady Drive.
- **Lift to all building levels:** Main floor on the east side of the coatroom.

Join AMOS for Get Out the Vote Efforts

Sunday, 10/11 - St. Paul AME at 2:00 PM

Sunday, 10/18 - Trinity Las Americas UMC at 2:00 PM

Sunday, 10/25 - Community of Christ (Penn. Ave) at 3:00 PM

Register at bit.ly/AMOSGOTV

Start a spiritual practice!

Use this QR code or this website link to find one that works for you. <https://tinyurl.com/5n8ceu32>



Welcome

to the

First Unitarian Church of Des Moines

Love radically. Grow ethically and spiritually. Serve justly.

Courage Means Heart
with Rev. Steve Sieck



2026 October 11th ~ 9:15- 10:15

3rd Sunday of Autumn



Waxing Crescent

Opening Hymn #188 “Come, Come, Whoever You Are” (2x)

Opening Words “Blessing of Courage”
 by Jan Richardson

Chalice Lighting

*When we light this chalice,
we remember that we all have light within us.
May we gather our light together.*

***Passing the Peace** “Peace be with you”

***Hymn #354** “We Laugh, We Cry” verse 1

Welcome

Deep Check-in with RIVA

Covenant First Unitarian Church’s Bond of Union
*We covenant to associate ourselves together for the study and
practice of morality and religion, as interpreted by the growing
thought and noblest lives of humanity, hoping thereby to prove
helpful one to another and to promote truth, righteousness and
love in the world.*

Hymn #354 “We Laugh, We Cry” verse 4

Meditation “Letters to Our Past Selves”

Joys and Sorrows

Moment of Silence

Sung Response #1031 “Filled with Loving Kindness” (v.3)

Offering

Reflection

Diane Ford

Music “Despite the Storm” Bell Ave Ringers
 by Cathy Moglebust and Peter Sieck

Reflection “Courage Means Heart” Rev. Steve

***Hymn #346** “Come, Sing a Song with Me” verses 1-2

***Extinguishing the Chalice**

*As we extinguish this chalice,
let us shine our light into the world.*

***Spoken Benediction**

***Sung Benediction #414** “As We Leave this Friendly Place”
(sung to #288)

**Please rise in body or spirit.*

Minister:	Rev. Steve Sieck
Celebrant:	Diane Ford
Chalice Stewards:	Anna Bauer, Coleman Jackson, Matilda & Vivienne Jackson-Bauer
Song Leader:	Louise Alcorn
Musicians:	Bruce Marin, piano; Bell Choir, Peter Sieck, viola
Pastoral Care Associate:	Kellie Patterson
AV Tech:	Gianfranco Berardi & Oge Nnadi
Hospitality Team Lead:	Sue Huber