

# Anti-Racism Resource Guide for Parents and Caregivers

## Talking to Children About Racism:

[Teaching About Race, Racism, and Police Violence](#)

[60+ Resources for Teaching Kids About Race and Racism](#)

[Talking About Racism and Bias: A Guide for Parents and Caregivers](#)

[Anti-Racism for Kids: An Age-by-Age Guide to Fighting Hate](#)

## Events:

**Friday:** EmbraceRace will hold a webinar led by child psychologist Dr. Allison Briscoe-Smith, titled "[I \[STILL\] can't breathe" Supporting kids of color amid racialized violence](#)". The webinar starts at 8:30 pm eastern.

**Saturday:** Sesame Street will be leading a town hall for kids and families, at 10 am eastern on CNN (and streaming on the CNN website) titled [Coming Together: Standing Up To Racism](#).

**Sunday:** Parenting for Liberation is holding a [Community Care Grief Circle for Black parents](#) at 3 pm eastern.

*From UUA.org:*

## UU Sermons:

*These sermons are aimed primarily at white listeners/readers:*

- [Black Lives Matter More Than a Slogan](#) by Rev. Nathan Ryan
- [Black Lives Matter](#) by Rev. Seth Carrier-Ladd
- [Prepare Him Room](#) by Rev. Robin Bartlett
- [The Promise of All Lives Mattering](#) by Amanda Udis-Kessler
- [White Supremacy and Beloved Community](#) by Amanda Udis-Kessler

## Reflections by Black Authors

- *An entire collection of worship materials by UU religious professionals of color is available in the [online packet \(PDF\)](#) for *The Promise & the Practice*.*
- [In Honor and Praise to Black Rage](#), a prayer (including video) by Tyler Coles
- [Racist or Anti-Racist \(a reading\)](#) by Ibram X. Kendi

- [Bruh](#), a reflection by DeReau Farrar
- [Your Life Matters](#) by Kenny Wiley
- [A Story Inherited](#) by Jabari S. Jones
- [The Offensiveness of My Pain](#) by Shane Paul Neil
- [Everybody Else](#) by Jabari S. Jones
- [The Nod](#) by Rev. Adam Lawrence Dyer
- [Healing](#) by Rev. Adam Lawrence Dyer
- [The Invisibility of Whiteness](#) and [The Privileges of a Racist System](#) by James A. Powell
- [Visitors in the Struggle for Racial Justice](#) by Rev. Aisha Ansano
- [Reflections on "Lift Every Voice and Sing"](#) by Rev. Aisha Ansano
- [The Flawed Understanding of Martin Luther King, Jr.](#) by Rev. Aisha Ansano
- [Black Women Worry More](#) by Rev. Rosemary Bray McNatt
- a [quote on whiteness](#) by Michael Eric Dyson
- [There Is More Love Somewhere](#) by Dr. Glen Thomas Rideout
- [Time to Tune In](#), an excerpt from Brittany Packnett's 2018 Ware Lecture
- [The Unitarian Universalism That Does Not Yet Exist](#), a quote by Rev. Natalie Maxwell Fenimore
- [The Deep Well of Black Lives](#), by Rev. Kristen Harper
- [This Essential Work of Justice and Liberation for All](#), by Rev. Rosemary Bray McNatt
- [Getting Through This Day](#) by Rev. Theresa Hardy
- [Centering Myself](#) by Rayla Mattson

## Act Now!

- **Join the Black Lives Matter Movement**  
Unitarian Universalists everywhere are joining the Black Lives Matter movement. In June 2015, an [Action of Immediate Witness](#) was passed by the Unitarian Universalist Association (UUA) General Assembly. Check out the [map of Black Lives Matter banners](#) at our congregations, and [find out how to get involved through Standing on the Side of Love](#). You can also connect with [Campaign Zero](#), the new Black Lives Matter initiative working for policy change to address police killings, excessive force, profiling and racial discrimination, and other problems in law enforcement.
- **Connect with the [Moral Monday Forward Together Movement](#)**  
A coalition of dozens of groups in North Carolina, including the North Carolina NAACP, have joined together to counter increasingly repressive legislation being enacted by the

state legislature, with focuses on racial justice, economic justice, and voting rights. Now the movement is spreading to other states, and Unitarian Universalists are adding our moral voices to the struggle.

- Download the [promotional graphic \(JPG\)](#) for the Moral Declaration Worship Weekends
- Download the [flyer \(PDF\)](#) for the Moral Declaration Worship Weekends
- Download the [toolkit \(PDF, 8 pages\)](#) for the Moral Declaration Worship Weekends
- Download the [Higher Ground Moral Declaration \(PDF, 12 pages\)](#)
- **Advocate for Sentencing Reform**

We are working with the Faith in Action Criminal Justice Reform Working Group to pass this legislation, which would eliminate mandatory minimum sentences, reduce excessive sentences for low-level drug offenses, and authorize judicial review of cases sentenced under the old 100 to 1 crack cocaine sentencing disparity for possible resentencing. Stay up to date with the [Interfaith Criminal Justice Coalition](#) on Facebook. Join UUA President Rev. Peter Morales and [sign this interfaith clergy letter](#) in support of the Smarter Sentencing Act, [write your own letter \(PDF\)](#), and join the Facebook group [UUUs Resisting New Jim Crow & Mass Incarceration](#) for updates.
- **Watch Opal Tometi, Co-founder of Black Lives Matter, [keynote](#)** at Selma 50th Anniversary Marching in the Arc of Justice Conference March 7, 2015
- **Get Into Partnership to Make a Difference**

Ending mass incarceration, racial profiling, police brutality, and disenfranchisement takes relationships and partnerships across lines of difference. Many congregations are involved with a [congregation-based community organization](#)—these networks connect faith communities with racial justice leaders and organize for an end to the school-to-prison pipeline and other structural racism. Check out the list at the bottom of this page for more recommended partner groups.